



Outpatient
Program



SIERRA TUCSON®

Where Change Begins®



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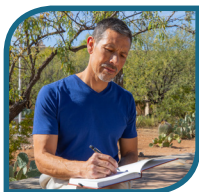
Outpatient Programming

Sierra Tucson offers outpatient programming.

Individuals have the ability to slowly transition back into their home environments, while still benefiting from education, support, and encouragement through different therapeutic interventions.

Where Change Continues

Sierra Tucson's Partial Hospitalization Program (PHP) and an Intensive Outpatient Program (IOP) services are designed to help participants identify and live by their values in recovery and have accountability after residential care. In addition, the programs include the ability to receive psychoeducation that helps implement skills and return to their daily lives more grounded and oriented to the present moment.



Levels of Care

Located within our Copper Sky Building, the Sierra Tucson Outpatient Program serves participants with mood disorders, unresolved trauma and co-occurring disorders. It is available for those who are stepping down from residential treatment, as well as, for those within the community. Participants will complete a minimum of two weeks within the PHP prior to transitioning to the IOP for a minimum of four weeks.

**For more information
call 844-215-1400 or visit
SierraTucson.com/Outpatient**

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