

BEYOND THE MIRACLE



MARCH 2018

MESSAGE from our Alumni Coordinator

Alumni friend,

Spring is in the air! Every year around this time, I feel a huge sense of renewal. It's a time of contemplation and harvesting the seeds that were planted during the winter months. For me, this spring is about growing the miracle and connecting with all of you!

One of the greatest gifts of my job is the opportunity to spend time with our alumni family. From workshops and meetings to dinners and coffee, I have such a sense of gratitude connecting and healing with you. We enjoyed a wonderful workshop in Tucson earlier this month, and I am just leaving Seattle after attending the alumni group and hosting an uplifting workshop on personal boundaries. Alumni Relations has so many other great events planned in the near future. Keep checking our [Alumni Events](#) page for updates.



I'm grateful for the opportunity to spend time together and share stories of our recovery, our lives, and our experiences. Sometimes the greatest gift of all is knowing that we are in this together and we are never alone. Your story is a gift to the world. I am also fortunate to have the opportunity to hear our alumni speakers share their stories with current residents. Something magical happens in that moment; we all connect and find a piece of ourselves in the life of another. The gift of your story is a blessing to those with whom you choose to share it.

Whether it's through travel, meetings, or becoming an alumni speaker, I look forward to connecting with you and sharing our stories and messages of hope. Happy spring!

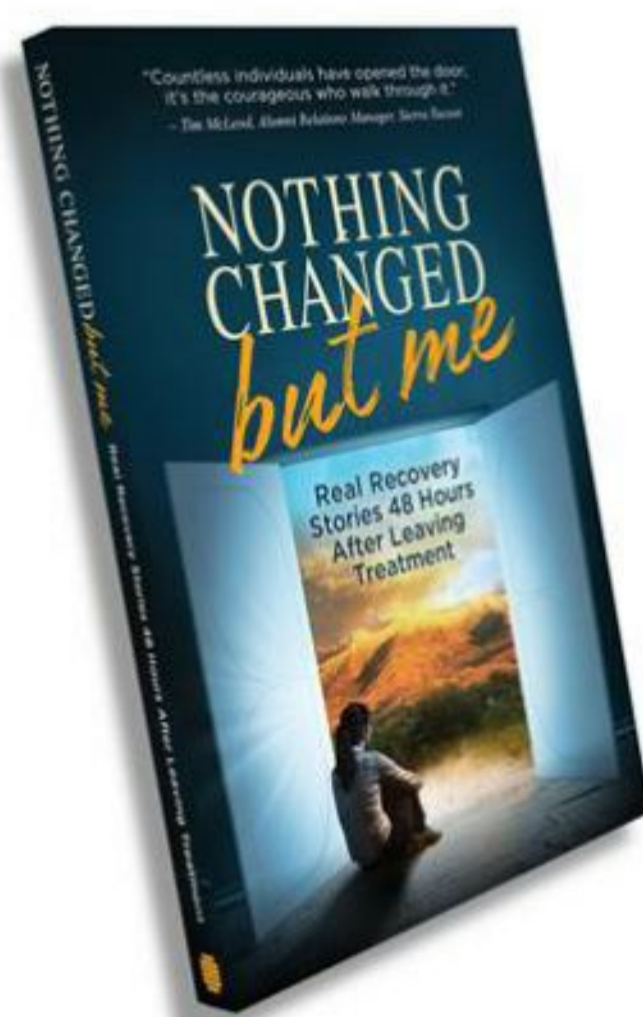
In gratitude,

Courtney Martinez, MS, NCRC

**If you or a loved one is suffering from addiction, trauma, chronic pain, mood and anxiety disorders, or co-occurring conditions, please call our Admissions Coordinators at 800-842-4487.*

LIMITED TIME ONLY: FREE KINDLE DOWNLOAD

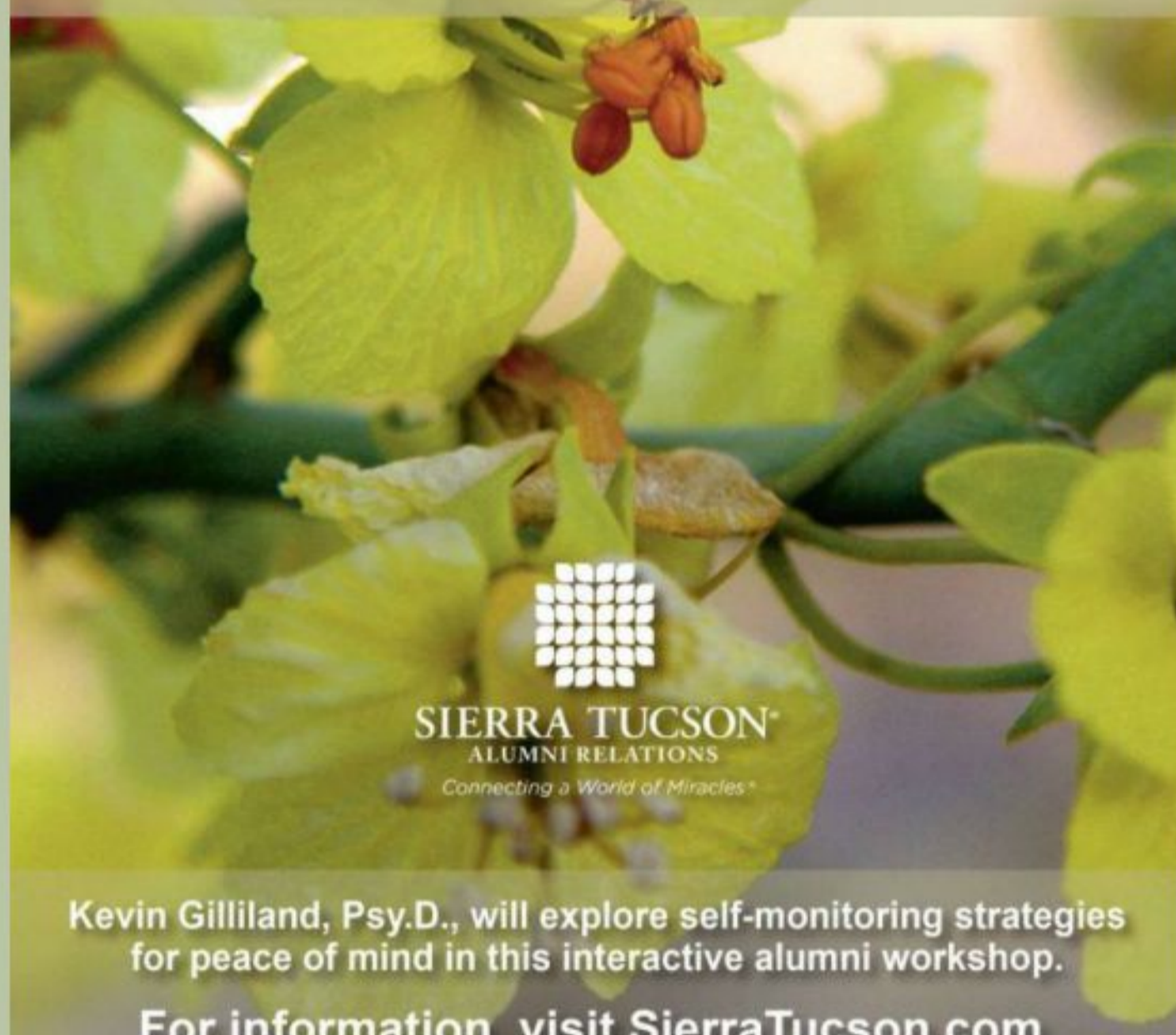
From **March 22-24**, Sierra Tucson Publishing's debut book, "Nothing Changed...But Me," will be available on Amazon Kindle for **FREE!** Simply click on the link below and download your copy at no charge. Consider this our gift to you. Then, share the good news with your recovery network and offer the very same gift to them. Please leave a review on Amazon once you have finished the book. Happy reading!



IT'S HERE! THE 3RD ANNUAL ALUMNI SPRING RENEWAL

Alumni Spring Renewal

"Master Your Mindset & Prevent Anxiety"
Saturday, May 5, 2018
Stamford, CT



Kevin Gilliland, Psy.D., will explore self-monitoring strategies for peace of mind in this interactive alumni workshop.

For information, visit [SierraTucson.com](#).

[Learn More](#)

ALUMNI WORLD TOUR

April 5 - [Tucson Cont. Care Group](#) (Courtney, Tim)
April 14 - [Phoenix Alumni Workshop](#) (Courtney)
April 18 - [Atlanta Cont. Care Group](#) (Alison)
April 24 - [Dallas Cont. Care Group](#) (Tim)

May 5 - [Alumni Spring Renewal](#) (Alison)

Don't forget to Save the Dates for the [Sierra Tucson Alumni Retreat \(S.T.A.R. 31\)](#): Oct. 11-14, 2018!



Photo captured by the [Sierra Tucson Serenity Cam](#)



ALUMNI GROUPS

[support](#)
Scottsdale, AZ
Chicago, IL

[continuing care](#)
Phoenix, AZ
Tucson, AZ
Los Angeles, CA
Newport Beach, CA
Atlanta, GA
New York, NY
Dallas, TX
Seattle, WA

CONGRATULATIONS

to each of you

We celebrate with HUGE applause these March 2018 birthdays:

Two Years
Debbi H. - Austin, TX

Ten Years
Antonia S. - Sydney, Australia
Lara E. - Austin, TX

Eleven Years
Jeff B. - Deerfield, IL

Fourteen Years
Becky D. - Avon, IN

Fifteen Years
Mary H. - Atlanta, GA

Thirty-Three Years
Rose C-B - Tucson, AZ

If you are celebrating a year or more of sobriety, abstinence, clean time, pain-free time, eton the month of April, please [send an email to Alison Broderick](#) that includes:

- First Name
- First Letter of Last Name
- City and State
- How Many Years You Are Celebrating

Sierra Tucson is ALL about Celebrating the Miracles!

ALUMNI RELATIONS TEAM

Tim McLeod, NCRC
Alumni Relations Manager
Central Region
(913) 269-1323
Tim.McLeod@SierraTucson.com



Alison Broderick, NCRC
Alumni Coordinator
Eastern Region
(520) 336-7061
Alison.Broderick@SierraTucson.com

Courtney Martinez, MS, NCRC
Alumni Coordinator
Western/International Region
(520) 624-4000 Ext. 600205
Courtney.Martinez@SierraTucson.com



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