

Family
PROGRAM



SIERRA TUCSON®

Where Change Begins®



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At Sierra Tucson, we recognize that when an individual is struggling with an addiction or behavioral health disorder, his or her family members, including significant others, are considerably affected as well. For this reason, and to ensure the overall success of our residents, we believe that family involvement is critical to the recovery process.

Understanding Our Family Program

Our Family Program is designed to assist residents and family members in identifying problems that have had a significant impact on the family system. Additionally, this program works to change attitudes and foster a more productive way to communicate concerns around behaviors that have impacted the family.

Families of those who are entrusted into our care are given the opportunity to learn about addictions and mental health disorders, setting healthy boundaries, and discuss issues that have concerned them while beginning to heal together.



Invitation Only Program

Family Week is by invitation from the resident for family members ages 18 and up. If you anticipate an invitation to Family Week, please allow up to 10 days after the resident's admission. We encourage you NOT to make any travel plans until you receive an invitation from a family therapist with more information.


**For more information
call 844-215-1400 or visit
SierraTucson.com/Family**

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