

A man with a beard and short hair is shown in profile, looking out a window. He has a thoughtful or somber expression. The background is a blurred view of a city or landscape through the window. The lighting is soft, suggesting an indoor setting near a window.

Addiction
RECOVERY
PROGRAM



SIERRA TUCSON®

Where Change Begins®



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Addiction Recovery Program

At Sierra Tucson we recognize that chemical dependency often results in losing control of your life. We understand addiction can be overwhelming and cause you to lose all hope. You don't need to suffer alone. Our team of full-time, on-staff doctors and clinicians focus on providing world class treatment to all of our residents so they can live healthy, productive, and sober lives.

Recovery Journey

Many people battle addiction and mental health conditions at the same time. Sierra Tucson utilizes a trauma-informed approach to deliver positive outcomes. We use a comprehensive and holistic program that integrates various interventions to treat the entire person- mind, body, and spirit to solve the entire problem. The treatment modalities utilized within the Addiction Recovery Program are evidence-based and support each resident's capacity to achieve wellness.



Comprehensive, Compassionate, and Personalized Care

For those individuals who require initial stabilization services prior to engaging in our residential program, our treatment center features our Behavioral Health Inpatient Unit. This inpatient treatment provides medically-supervised detoxification services, so that the toxins that have kept our residents ensconced in the vicious cycle of addiction can be cleansed from their bodies, thus initiating the recovery process and allowing these individuals to embark on the therapeutic process.

**For more information
call 844-215-1400 or visit
SierraTucson.com/Addiction**

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