

PAIN
recovery
PROGRAM



SIERRA TUCSON®

Where Change Begins®



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Pain Recovery Program

At Sierra Tucson we treat the entire you... not just the part that hurts. We provide a comprehensive residential treatment program focused on pain recovery, not just pain management. Our evidence-based Pain Recovery Program is designed for people who have chronic pain that is interfering with their life and is not getting better despite treatment efforts. The program is led by a team of professional and compassionate clinical and medical pain experts who understand that chronic pain affects a person's mind, body, and spirit.

Treat the Trauma, Treat the Pain

Pain is often the result of trauma. Sierra Tucson's Pain Recovery Program uses an integrative treatment approach that utilizes trauma-informed care and incorporates pain medical experts, pain education and movement therapies. Treatment includes a combination of physical therapy, medication management, individual and group therapy, cognitive and behavioral work, and advanced techniques such as biofeedback and transcranial magnetic stimulation (TMS).



Improving the Quality of Life

The goal of our Program is Recovery. At Sierra Tucson we successfully combine behavioral health treatment and traditional pain management to deliver recovery and improve your quality of life.

**For more information
call 844-215-1400 or visit
SierraTucson.com/Pain**

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