

A young man with short dark hair, wearing denim overalls over a white tank top, is sitting in front of a large window. He has several tattoos: a colorful rose on his right shoulder, a black and white portrait of a woman on his left shoulder, and a colorful geometric design on his right forearm. The background shows a window with a black frame and some green plants. The overall mood is contemplative and artistic.

LGBTQIA+
P R O G R A M



SIERRA TUCSON®

Where Change Begins®



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LGBTQIA+ Program

Members of the LGBTQIA+ community are at a higher risk for struggling with addiction concerns and mental health disorders. Sierra Tucson has the programming, policies, and professionals in place to ensure that these individuals receive the personalized, supportive treatment they deserve.

A Safe and Welcoming Environment

For those who identify as lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual, or otherwise, it's vital to participate in treatment in an environment that provides safety, support, and understanding. Patients will find a zero tolerance policy when it comes to discrimination.



Dedicated Groups for Healing

We design all programming to address the unique needs of our LGBTQIA+ patients. Individuals who are participating in residential treatment will have access to two weekly LGBTQIA+ support groups. We also offer individual therapy sessions that address sexuality and gender on an as-needed basis.

We recognize that each LGBTQIA+-identifying patient who is struggling has had unique experiences that have led them to us, and we make it our mission to provide compassionate, personalized care that can begin to plant the seeds of change toward better, healthier days ahead.

**For more information
call 844-215-1400 or
visit SierraTucson.com/LGBTQIA**

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