



Comprehensive Assessment Program (CAP)

Sierra Tucson has been a leading provider of comprehensive treatment services for adult men and women since 1983. Our program is designed to provide integrative and specialized care for individuals who are struggling with substance use and other mental health concerns.

Program Benefits

The Comprehensive Assessment Program is a rigorous assessment that includes in-depth psychiatric, psychological, and medical assessments. This evaluation takes place over a minimum of five days. Afterwards, our staff will provide recommendations for clinically appropriate next steps to the patient, family, referring professionals, and others as necessary.



Depending on the patient's presenting concerns, we may also provide medical or psychiatric stabilization services and/or detox services as needed within the course of the CAP. Ideal candidates for the CAP at Sierra Tucson include those who have not responded to other treatment attempts, who lack a clear diagnosis or treatment plan, and who are capable of participating in the assessments. We also welcome referrals from governing or professional boards.

For more information call 844-215-1400 or visit SierraTucson.com/CAP

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