



SIERRA TUCSON®

Where Change Begins®

Backgrounder

Founded in 1983, Sierra Tucson in Tucson, Ariz. was the creation of one man's journey to share his experience and vision to help those who were in similar circumstances, know they were not alone. Originally called Brave Bull Ranch and located on property that is now Miraval Resort and Spa, Sierra Tucson originally offered more than 300 beds. In the mid-1990s, the program underwent a transformation and Sierra Tucson moved to its current location in the majestic Santa Catalina Mountains just north of Tucson, becoming a more intimate, 67-bed program.

Throughout the years, Sierra Tucson has responded to changes that have molded and shaped it to be what it is today, a place of peace, beauty and hope, and a recognized leader in the fields of behavioral and mental health care.

Internationally renowned for its effective therapies, integrated approach to treatment and extraordinary staff, Sierra Tucson's longstanding legacy of clinical excellence and deep level of compassionate care has resulted in recovery for tens of thousands of people who have struggled with substance abuse, trauma-related issues, disordered eating, chronic pain and mood and anxiety disorders.