

JFCS Aleinu and Jewish Family Home Care of Arizona present

*Will you still love me?*



**A Conference about Understanding  
the Complex Emotions of Aging**

**Wednesday, February 15, 2012**

**“The Heart of Growing Older”**

Understanding the emotional needs of adults as they age

Marc Agronin, MD Geriatric Psychiatrist and Medical Director  
for Mental Health at MJHS - Florida

**“My Mother’s 84, but I Feel 92”**

Understanding the emotional needs of the adult child

Jan Dougherty, MS RN Director of Family and Community Services  
for Banner Alzheimer’s Institute

David Helgeson, PhD Gero-Neuro Psychologist  
and Professor of Psychology at ASU

**“Family Feud”**

Complex family dynamics when caring for an aging parent

Cameron Svendsen, LCSW Director of Education  
and Advocacy for Hospice of Arizona

8:30-1:00 for Older Adults, Caregivers & Professionals

1:00-4:00 for Helping Professionals

Half Day Conference: \$60.00

Full Day Conference with 6 CEUs: \$80.00

Kosher lunch provided

Scottsdale Hilton Resort

6333 North Scottsdale Road, Scottsdale, AZ 85250

**Register online: [www.jfcsaz.org](http://www.jfcsaz.org)**

# Will you still love me?

A Conference About Understanding The Complex Emotions Of Aging

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## Bonus Session for the helping professional with Dr. Marc Agronin: “Therapy with Older Clients: Key strategies for success”

As clients wrestle with a unique set of medical, psychiatric, and social challenges, the therapist’s job is to successfully navigate these challenges without dwelling on the inevitability of physical decline and mortality. Dr. Marc Agronin, a dedicated geriatric clinician, offers a practical guide that addresses the therapeutic challenges and uncovers the top strategies for compassionate and effective work with the elderly.

- Explain the complex emotions in aging
- Explain the emotional needs of the adult child
- Describe healthy family conversations about caregiving
- List the unique mental health needs of aging adults



Marc Agronin, M.D., a Harvard and Yale trained Geriatric Psychiatrist, is the Medical Director for Mental Health and Clinical Research at Miami Jewish Health Systems (MJHS), the author of the acclaimed book *How We Age: A Doctor’s Journey into the Heart of Growing Old*, and several textbooks for clinicians. He serves as Professor of Psychiatry and Neurology at the University of Miami Miller School of Medicine and is a frequent guest on NPR and NBC’s Today Show. **Learn more at [www.jfcsaz.org](http://www.jfcsaz.org)**



6 Continuing Education Credits available:  
MFT, LCSW as required by the California Board of Behavioral Sciences. Approval #PCE3587. RN as required by the California Board of Registered Nursing. Approval #CEP 12719. Psychologists - This program is co-sponsored by Sierra Tucson and JFCS Aleinu. Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists; Sierra Tucson maintains responsibility for this program and its content.



JFCS is a constituent agency of Jewish Federation of Greater Phoenix